




Rossall
GOLF ACADEMY

Programme

INSPIRING EXCELLENCE



Rossall School Golf Academy offers its students a range of golf training/learning programmes to choose from.

The three programmes are:

INTRODUCTORY Programme
STANDARD Programme
ADVANCED Programme

Each programme is designed to cater for the needs and expectations of students of different ability levels and/or with differing ambition.

The table opposite is designed to provide you with a guideline as to which programme is most suited to each individual based on the golf handicapping system.

For more information please contact the Director of Golf, Mr Stuart Hemmings.

E: s.hemmings@rossall.org.uk

T: 01253 774322

HANDICAP GUIDELINE

| SCHOOL YEAR | | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|----------------|--------------|------|------|------|------|------|------|------|------|------|------|------|
| GOLF PROGRAMME | INTRODUCTORY | N/A | | | | | | | | | | |
| | STANDARD | < 55 | <51 | < 47 | < 43 | < 39 | < 35 | < 31 | < 27 | < 23 | < 19 | < 15 |
| | ADVANCED | < 45 | < 41 | < 37 | < 33 | < 29 | < 25 | < 21 | < 17 | < 13 | < 9 | < 5 |

JUNIOR SCHOOL YEARS 3-6

ID/MEMBERSHIP CARD

All Golf Academy Members receive a Golf Academy ID Card, which is required for identification purposes, to:

- Receive range balls at Tee Time Golf Centre
- *Pupils are entitled to 100 balls per visit*
- Be permitted to play on the course at Tee Time Golf Centre
- Be permitted to play on the course at Fleetwood Golf Club *

* ONLY pupils enrolled onto the Standard/Advanced Programme are made 'Club' Members of Fleetwood Golf Club and are permitted to play on the course outside school time. Being a 'Club' Member also enables pupils to:

- Gain/maintain an official golfing handicap
- Enter club competitions
- Discount on food & drink in the clubhouse

GOLF PROGRAMME

The table and timetable below indicates what pupils receive, and the benefits available to them, when enrolling on to one of the following programmes:

- Introductory Programme
- Standard Programme
- Advanced Programme

SUMMARY

- Pupils receive 15 x 30 minute 1-2-1 training sessions/lessons per annum.
- *These sessions are scheduled during school time and circulate around the pupil's timetable.*
- Pupils are given the opportunity to do the stated number of 'Extended PE Training Sessions', with sessions scheduled throughout the school year.
- Pupils are given the opportunity to do the stated number of 'Weekend Programme Sessions', with sessions scheduled throughout the school year.

PROGRAMME / BENEFITS

| | PROGRAMME | | |
|---|------------------------------|------|------|
| | I | S | A |
| | COST/TERM | | |
| | £200 | £300 | £450 |
| 1-2-1 Training Sessions/Lessons (per annum) | 15 | 15 | 15 |
| Extended PE Training Sessions (per annum) | 12 | 18 | 24 |
| Weekend Programme Sessions (per annum) | 6 | 12 | 18 |
| School Membership at Fleetwood G C | • | | |
| Club Membership at Fleetwood G C | | • | • |
| Membership at Tee Time Golf Centre | • | • | • |
| CoachNow Account & Support | • | • | • |
| Discount on Golf Competitions | <i>See competitions page</i> | | |
| Discount on PUMA Golf Academy Teamwear | 25% | 25% | 25% |
| Discount on Golf Trips | 25% | 25% | 25% |

TIMETABLE

| | MON | TUES | WEDS | THURS | FRI | SAT/SUN |
|---------|--|--|--------------------------|--|--------------------------|-------------------|
| 8.20am | Junior School Timetable | Junior School Timetable | Junior School Timetable | Junior School Timetable | Junior School Timetable | Weekend Programme |
| 9.30am | | Golf Academy Extended PE Training Session Year 4 All Members | | Golf Academy Extended PE Training Session Year 3 All Members | | |
| 10.25am | Golf Academy Extended PE Training Session Year 6 All Members | | | Golf Academy Extended PE Training Session Year 5 All Members | | |
| 10.50am | | Junior School Timetable | | | | |
| 11.45am | Junior School Timetable | | Junior School Timetable | | | |
| 12.00pm | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 1.15pm | Junior School Timetable | Junior School Timetable | Junior School Timetable | Junior School Timetable | Junior School Timetable | |
| 4.00pm | Junior School Activities | Junior School Activities | Junior School Activities | Junior School Activities | Junior School Activities | |
| 5.00pm | End of School day | End of School day | End of School day | End of School day | End of School day | |

I Introductory

S Standard

A Advanced

ID/MEMBERSHIP CARD

All Golf Academy Members receive a Golf Academy ID Card, which is required for identification purposes, to:

- Receive range balls at Tee Time Golf Centre
 - *Pupils are entitled to 100 balls per visit*
- Be permitted to play on the course at Tee Time Golf Centre
- Be permitted to play on the course at Fleetwood Golf Club *

* ONLY pupils enrolled onto the Standard/Advanced Programme are made 'Club' Members of Fleetwood Golf Club and are permitted to play on the course outside school time. Being a 'Club' Member also enables pupils to:

- Gain/maintain an official golfing handicap
- Enter club competitions
- Discount on food & drink in the clubhouse

GOLF PROGRAMME

The table and timetable below indicates what pupils receive, and the benefits available to them, when enrolling on to one of the following programmes:

- Introductory Programme
- Standard Programme
- Advanced Programme

SUMMARY

- All pupils receive 15 x 30 minute 1-2-1 training sessions/lessons per annum.
 - *These sessions are scheduled during school time and circulate around the pupil's timetable.*
- Pupils on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Extended Games Training Sessions' on Tuesday afternoons.
 - *Standard Programme Members can do golf during games for 1 term.*
 - *Advanced Programme Members can do golf during games for 2 terms.*
- All pupils are given the opportunity to do the stated number of 'Extended Activity Training Sessions' on Mondays or Fridays throughout the school year.
- Pupils on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Evening Training Sessions' on Tuesdays, Thursdays and Fridays throughout the school year.
 - *Pupils on the Standard Programme are scheduled to attend their 'Evening Training Sessions' on a Tuesday or Thursday.*
 - *Pupils on the Advanced Programme are scheduled to attend their 'Evening Training Sessions' on a Tuesday or Thursday and Friday.*
- Pupils on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Strength & Conditioning Sessions' on Wednesdays throughout the school year.
- All pupils are given the opportunity to do the stated number of 'Weekend Programme Sessions', with sessions scheduled throughout the school year.

The term(s) that the pupil is able to do golf during games is to be agreed with the Director of Sport.

If pupils are unable to attend the sessions scheduled then they should inform the Director of Golf who will look into an alternative option.

PROGRAMME/BENEFITS

| | PROGRAMME | | |
|---|------------------------------|-------------|--------------|
| | I | S | A |
| | COST/TERM | | |
| | £250 | £400 | £650 |
| 1-2-1 Training Sessions/Lessons (per annum) | 15 | 15 | 15 |
| Extended Games Training Sessions (per annum) | | 1 TERM (10) | 2 TERMS (20) |
| Extended Activities Training Sessions (per annum) | 30 | 30 | 30 |
| Evening Training Sessions (per annum) | | 1/WEEK (30) | 2/WEEK (60) |
| Weekend Programme Sessions (per annum) | 6 | 12 | 18 |
| School Membership at Fleetwood G C | • | | |
| Club Membership at Fleetwood G C | | • | • |
| Membership at Tee Time Golf Centre | • | • | • |
| Strength & Conditioning Sessions (per annum) | | 30 | 30 |
| TPI Strength & Conditioning Sessions | | | • |
| Golf Psychology Sessions | | | • |
| CoachNow Account & Support | • | • | • |
| Discount on Golf Competitions | <i>See competitions page</i> | | |
| Discount on PUMA Golf Academy Teamwear | 25% | 25% | 25% |
| Discount on Golf Trips | 25% | 25% | 25% |

TIMETABLE

| | MON | TUES | WEDS | THURS | FRI | SAT/SUN |
|---------|---|---|---|---|---|-------------------|
| 8.20am | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | |
| 12.50pm | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 1.45pm | | Senior School Timetable | | Senior School Timetable | | |
| 2.00pm | | Golf Academy Extended Games Training Session Yr 7 - 8 Standard & Advanced Members | | | | |
| 3.45pm | Senior School Timetable | | Senior School Timetable | | Senior School Timetable | |
| 4.30pm | Golf Academy Extended Activity Training Session Yr 7 - 10 All Members | Senior School Activities | Golf Academy Strength & Conditioning Training Session Yr 7 - 10 Standard & Advanced Members | Senior School Activities | Golf Academy Extended Activity Training Session Yr 7 - 10 All Members | Weekend Programme |
| 5.45pm | Dinner | Dinner | Dinner | Dinner | Dinner | |
| 6.15pm | Study for Boarders | Golf Academy Evening Training Session Yr 7 - 10 Standard & Advanced Members | Study for Boarders | Golf Academy Evening Training Session Yr 7 - 10 Standard & Advanced Members | Golf Academy Evening Training Session Yr 7 - 10 Advanced Members | |
| 8.30pm | End of Day | End of Day | End of Day | End of Day | End of Day | |

SENIOR SCHOOL YEARS 9 AND 10

ID/MEMBERSHIP CARD

All Golf Academy Members receive a Golf Academy ID Card, which is required for identification purposes, to:

- Receive range balls at Tee Time Golf Centre.
 - *Pupils are entitled to 100 balls per visit*
- Be permitted to play on the course at Tee Time Golf Centre
- Be permitted to play on the course at Fleetwood Golf Club ★

★ ONLY pupils enrolled onto the Standard/Advanced Programme are made 'Club' Members of Fleetwood Golf Club and are permitted to play on the course outside school time. Being a 'Club' Member also enables pupils to:

- Gain/maintain an official golfing handicap
- Enter club competitions
- Discount on food & drink in the clubhouse

GOLF PROGRAMME

The table and timetable below indicates what pupils receive, and the benefits available to them, when enrolling on to one of the following programmes:

- Introductory Programme
- Standard Programme
- Advanced Programme

SUMMARY

- All pupils receive 15 x 30 minute 1-2-1 training sessions/lessons per annum.
 - *Year 9 pupils are scheduled during school time and circulate around the pupil's timetable.*
 - *Year 10 pupils are scheduled during non school time and circulate around the pupils timetable.*
- Pupils on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Extended Games Training Sessions' on Monday afternoons.
 - *Standard Programme Members can do golf during games for 1 term.*
 - *Advanced Programme Members can do golf during games for 2 terms.*
- All pupils are given the opportunity to do the stated number of 'Extended Activity Training Sessions' on Mondays or Fridays throughout the school year.
- Pupils on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Evening Training Sessions' on Tuesdays, Thursdays and Fridays throughout the school year.
 - *Pupils on the Standard Programme are scheduled to attend their 'Evening Training Sessions' on a Tuesday or Thursday.*
 - *Pupils on the Advanced Programme are scheduled to attend their 'Evening Training Sessions' on a Tuesday or Thursday and Friday.*
- Pupils on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Strength & Conditioning Sessions' on Wednesdays throughout the school year.
- All pupils are given the opportunity to do the stated number of 'Weekend Programme Sessions', with sessions scheduled throughout the school year.

The term(s) that the pupil is able to do golf during games is to be agreed with the Director of Sport.

If pupils are unable to attend the sessions scheduled then they should inform the Director of Golf who will look into an alternative option

PROGRAMME/BENEFITS

| | PROGRAMME | | |
|---|------------------------------|-------------|--------------|
| | I | S | A |
| | COST/TERM | | |
| | £250 | £400 | £650 |
| 1-2-1 Training Sessions/Lessons (per annum) | 15 | 15 | 15 |
| Extended Games Training Sessions (per annum) | | 1 TERM (10) | 2 TERMS (20) |
| Extended Activities Training Sessions (per annum) | 30 | 30 | 30 |
| Evening Training Sessions (per annum) | | 1/WEEK (30) | 2/WEEK (60) |
| Weekend Programme Sessions (per annum) | 6 | 12 | 18 |
| School Membership at Fleetwood G C | • | | |
| Club Membership at Fleetwood G C | | • | • |
| Membership at Tee Time Golf Centre | • | • | • |
| Strength & Conditioning Sessions (per annum) | | 30 | 30 |
| TPI Strength & Conditioning Sessions | | | • |
| Golf Psychology Sessions | | | • |
| CoachNow Account & Support | • | • | • |
| Discount on Golf Competitions | <i>See competitions page</i> | | |
| Discount on PUMA Golf Academy Teamwear | 25% | 25% | 25% |
| Discount on Golf Trips | 25% | 25% | 25% |

TIMETABLE

| | MON | TUES | WEDS | THURS | FRI | SAT/SUN |
|---------|---|--|--------------------------|--|--|-------------------|
| 8.20am | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | Weekend Programme |
| 12.50pm | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 1.45pm | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | |
| 2.00pm | Golf Academy Extended Games Training Session Yr 9 - 10 Standard & Advanced Members | | | Senior School Activities | | |
| 3.45pm | | Golf Academy Extended Activity Training Session Yr 7 - 10 All Members | Senior School Activities | | Golf Academy Strength & Conditioning Training Session Yr 7 - 10 Standard & Advanced Members | |
| 4.30pm | Senior School Activities | | | Golf Academy Evening Training Session Yr 7 - 10 Standard & Advanced Members | | |
| 5.45pm | | Dinner | Dinner | | Dinner | |
| 6.15pm | Study for Boarders | Senior School Activities | Study for Boarders | Golf Academy Evening Training Session Yr 7 - 10 Standard & Advanced Members | Golf Academy Evening Training Session Yr 7 - 10 Standard & Advanced Members | |
| 8.30pm | End of Day | | | | | |

SENIOR SCHOOL / SIXTH FORM YEARS 11-13

ID/MEMBERSHIP CARD

All Golf Academy Members receive a Golf Academy ID Card, which is required for identification purposes, to:

- Receive range balls at Tee Time Golf Centre.
 - *Students are entitled to 100 balls per visit*
- Be permitted to play on the course at Tee Time Golf Centre
- Be permitted to play on the course at Fleetwood Golf Club *

* ONLY pupils enrolled onto the Standard/Advanced Programme are made 'Club' Members of Fleetwood Golf Club and are permitted to play on the course outside school time. Being a 'Club' Member also enables students to:

- Gain/maintain an official golfing handicap
- Enter club competitions
- Discount on food & drink in the clubhouse

GOLF PROGRAMME

The table and timetable below indicates what students receive, and the benefits available to them, when enrolling on to one of the following programmes:

- Introductory Programme
- Standard Programme
- Advanced Programme

SUMMARY

- All students receive 15 x 30 minute 1-2-1 training sessions/lessons per annum.
 - *These sessions are scheduled during non school time and circulate around the student's timetable.*
- Students on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Extended Games Training Sessions' on Wednesday afternoons.
 - *Standard Programme Members can do golf during games for 2 terms.*
 - *Advanced Programme Members can do golf during games for 3 terms.*
- All students are given the opportunity to do the stated number of 'Extended Activity Training Sessions' on Tuesdays or Thursdays throughout the school year.
- Students on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Evening Training Sessions' on Mondays, Wednesdays and Fridays throughout the school year.
 - *Students on the Standard Programme are scheduled to attend their 'Evening Training Session' on a Friday.*
 - *Students on the Advanced Programme are scheduled to attend their 'Evening Training Sessions' on a Monday and Wednesday or a Wednesday and Friday.*
- Students on the Standard/Advanced Programme are given the opportunity to do the stated number of 'Strength & Conditioning Sessions' on Tuesdays and Thursdays throughout the school year.
 - *Students on the Standard Programme are scheduled to attend their 'Strength & Conditioning Sessions' on a Thursday.*
 - *Students on the Advanced Programme are scheduled to attend their 'Strength & Conditioning Sessions' on a Tuesday and Thursday.*
- All Students are given the opportunity to do the stated number of 'Weekend Programme Sessions', with sessions scheduled throughout the school year.
- Students on the Advanced Programme are given the opportunity to do the stated number of 'Independent Training Sessions', with sessions scheduled on a weekly basis.

The term(s) that the student is able to do golf during games is to be agreed with the Director of Sport.

If students are unable to attend the sessions scheduled then they should inform the Director of Golf who will look into an alternative option

PROGRAMME/BENEFITS

| | PROGRAMME | | |
|---|------------------------------|-----------------|-----------------|
| | I | S | A |
| | COST/TERM | | |
| | £300 | £500 | £850 |
| 1-2-1 Training Sessions/Lessons (per annum) | 15 | 15 | 15 |
| Extended Games Training Sessions (per annum) | | 2 TERMS (20) | 3 TERMS (30) |
| Extended Activities Training Sessions (per annum) | 30 | 30 | 30 |
| Evening Training Sessions (per annum) | | 1/WEEK (30) | 2/WEEK (60) |
| Weekend Programme Sessions (per annum) | 6 | 12 | 18 |
| Independent Training Sessions | | | 5/WEEK |
| School Membership at Fleetwood G C | • | | |
| Club Membership at Fleetwood G C | | • | • |
| Membership at Tee Time Golf Centre | • | • | • |
| Strength & Conditioning Sessions (per annum) | | 30 | 60 |
| TPI Strength & Conditioning Sessions | | | • |
| Golf Psychology Sessions | | | • |
| CoachNow Account & Support | • | • | • |
| Discount on Golf Competitions | <i>See competitions page</i> | | |
| Discount on PUMA Golf Academy Teamwear | 25% | 25% | 25% |
| Discount on Golf Trips | 25% | 25% | 25% |

TIMETABLE

| | MON | TUES | WEDS | THURS | FRI | SAT/SUN |
|---------|--|--|--|---|---|-------------------|
| 8.20am | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | Weekend Programme |
| 12.50pm | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 1.45pm | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | Senior School Timetable | |
| 2.00pm | | | Golf Academy Extended Games Training Session Yr 11 - 13 Standard & Advanced Members | Golf Academy Strength & Conditioning Training Session Yr 11 - 13 Standard & Advanced Members | Senior School Timetable | |
| 3.45pm | | | | | | |
| 4.30pm | Senior School Activities | Golf Academy Strength & Conditioning Training Session Yr 11 - 13 Advanced Members | Golf Academy Extended Games Training Session Yr 11 - 13 Standard & Advanced Members | Golf Academy Strength & Conditioning Training Session Yr 11 - 13 Standard & Advanced Members | Senior School Activities | |
| | | Golf Academy Extended Activity Training Session Yr 11 - 13 Standard Members | | | | |
| 5.45pm | Dinner | Dinner | Dinner | Dinner | Dinner | |
| 6.15pm | Golf Academy Evening Training Session Yr 11 - 13 Advanced Members | Study for Boarders | Golf Academy Evening Training Session Yr 11 - 13 Advanced Members | Study for Boarders | Golf Academy Evening Training Session Yr 11 - 13 Standard & Advanced Members | |
| 8.30pm | End of Day | End of Day | End of Day | End of Day | End of Day | |

COMPETITIONS

As a golfing school we endeavour to enter ALL school competitions. However, the costs incurred are considerable and whilst we support competing in such competitions we are unfortunately unable to always assume the full costs.

The following competitions are fully funded by the school/golf academy:

- ISGA National Matchplay Championship
- ISGA National Junior Schools League
- ESGA/LSGA Team Championship
- HMC National Foursomes Championship

All other competitions the school/golf academy covers the staff/travel costs and part funds the following costs:

- Entry fees
- Green fees
- Range balls
- Accommodation
- Meals

The cost for golf academy members to participate in these competitions is set as follows:

| DESCRIPTION | COST |
|-----------------------------|----------|
| 1 Day Golf Event | £ 30.00 |
| 1 Day Golf Event + 1 Night | £ 45.00 |
| 2 Day Golf Event + 1 Night | £ 65.00 |
| 2 Day Golf Event + 2 Nights | £ 80.00 |
| 3 Day Golf Event + 2 Nights | £ 100.00 |
| 3 Day Golf Event + 3 Nights | £ 115.00 |



TEAM ACHIEVEMENTS

2016-17

ISGA National Matchplay Championship - Area Runners Up
LSGA North Region Team Championship - **Winners**
ISGA Junior League - **Area Winners**

2017-18

ISGA National Matchplay Championship - **Area Winners**
ISGA National Matchplay Championship - **National Winners**
ISGA Scottish Open - **Gross Runners Up**
British Schools & Colleges Southern Open - **Gross Winners**
HMC Singles Championship - **Runners Up**
British Schools & Colleges Northern Open - **Gross Runners Up**
HMC Foursomes Championship - **Area Winners**
ISGA Junior League - **Area Winners**
British Schools & Colleges Northern Open - **Gross Runners Up | Nett Winners**

2018-19

ISGA National Matchplay Championship - **National Runners Up**
ISGA Scottish Open - **Gross Winners**
British Schools & Colleges Ladies Open - **Gross Runners Up**
HMC Singles Championship - **Winners**
British Schools & Colleges Northern Open - **Gross Runners Up**
HMC Foursomes Championship - **Area Winners**
HMC Foursomes Championship - **National Winners**
ISGA Junior League - **Area Winners**

2019-20

ISGA Scottish Open - **Gross Runners Up**
British Schools & Colleges Ladies Open - **Gross Runners Up**
HMC Singles Championship - **Winners**
ISGA Schools Cup - **Gross Winners | Nett Runners Up**
British Schools & Colleges Tour - **Gross Area Winners | Nett Area Winners**
British Schools & Colleges National Finals - *To be played in 2020/21 due to COVID 19*
ISGA National Matchplay Championship - *To be played in 2020/21 due to COVID 19*

ISGA National Team Rankings

2016-17

Seniors: 45th
Juniors: 31st

2017-18

Seniors: 2nd
Juniors: 21st

2018-19

Seniors: 1st
Juniors: 10th

2019-20

Seniors: 2nd
Juniors: 5th



TO ENROL
ONTO A
GOLF
PROGRAMME

VISIT:

www.rossall.org.uk/school-life/golf-academy

SHAPING
LIVES
INSPIRING
EXCELLENCE



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