

B	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	March 23rd	March 24th	March 25th	March 26th	March 27th	March 28th	March 29th

BREAKFAST		Grilled Blakemans Sausage	Grilled Rindless Back Bacon	Sliced Tapas Meats Thinly Sliced Ham	Grilled Breakfast Sausage	Grilled Smoked Back Bacon	Sliced Tapas Mix Thin Roast Ham		
		Poached Eggs	Scrambled Eggs	Vine Tomato Cheddar Slices	Fried Eggs	Cheese on Toast	Sliced Beef Tomato Cheddar + Ementhal Slices		
		Plum Tomatoes	Button Mushrooms	Melon Ball Trio Forest Fruit + Banana Smoothies	Black Pudding	Grilled Tomato	Honetdew Melon Boats		
		Soft White Bread Rolls	Hirata Buns	Warm Mini Croissants	Mini Danish Gourmandes	Scotch PanCakes	Warm Croissants		
		Baked Beans Boiled Eggs	Baked Beans Boiled Eggs	Baked Beans Boiled Eggs	Baked Beans Boiled Eggs	Baked Beans Boiled Eggs	Baked Beans Boiled Eggs		
		Ready Brek	Porridge	Ready Brek	Porridge	Ready Brek	Porridge		
	Yoghurts	Natural Yoghurt available with a variety of toppings like Granola, Banana Chips, variety of Seeds, Mixed Dried Fruits and Honey							
	Cereals	Oatmeal Porridge, Weetabix, Coco Pops, Frosties, Corn Flakes, Muesli, Rice Crispies, Sugar Puffs, Cheerios							
	Hot and cold drinks	To Quench your thirst we offer - Orange, Apple and Forest Fruit Juice, Chilled filtered water, Full cream and Semi-Skimmed milk, Tea, Coffee and Hot Chocolate							
	Toast	Freshly toasted White or Brown Bread with Butter or Flora, Jams, Nutella and Marmalade							
LUNCH	Soup	Tomato + Roasted Red Pepper	Red Lentil	Vegetable	Butternut Squash	Honey Roasted Root Vegetable		Brunch Grilled Sausage Hash Browns Baked Beans Omelete Boiled Eggs Porridge Chocolate Twists	
	1st Entrée	Grilled Gammon with Caramalised Pineapple	Pork Sausage with Caramalised Red Onion Gravy	Steak Slice Chicken Slice	Southern Fried Chicken Fillet or Jerk Chicken Leg with Creamy Onion Gravy	Gourmet Fish Fingers Mussels in a Buttery Lemon Sauce	Hot Dogs with Onions		
	2nd Entrée	Brown Beef Winter Stew with Dumplings	Traditional Lancashire Hot Pot with Baby Beetroot + Red Cabbage	Szechuan Beef with Egg Noodles	Rustic Beef Lasagne with Warm Garlic French Bread	Chicken Monohan with Basmati Rice	Chilli Con Carne		
	Vegan	One Pot Mexican Rice with Black Beans	Chorizo + Red Pepper Sausage	Red Curry Noodle Bowl	Vegetable Lasagne	Spicy Tempura Battered Veg Tortilla Wrap	Chilli Sin Carne		
	Vegetable	Broccoli Florets Sweetcorn	Honey Roasted Vegetables Garden Peas	Country Mixed Vegetables	Roast Courgettes Baby Carrots with Dill Butle	Garden Peas Mushy Peas	Macedoine of Veg		
	Potato	Fresh Saute Potatoes with Pepper + Sea Salt	Creamed Potatoes	Crispy Cheese + Bacon Potatoes	Parsley Potatoes	Chipped Potatoes	Sweet Potato Fries Saute Potatoes		
	Dessert	Chocolate Pudding with Chocolate Sauce	Sticky Toffee Pudding + Custard	Cahary Lemon Pudding with Custard	Baked Rice Pudding with Jam	Camamel Topped Vanill Pudding with Custard	Neapolitan Cup Cakes		
	Salad bar	Fresh Made Selection of Salads - See Our New Salad Menu							
	Fruit	Help Yourself from our Daily Stocked Fruit Basket							
	TEA	Option 1	Pork Stroganoff with Rice	Roast Beef Roast Turkey	Chicken Tikka with Tumeric Basmati Rice + Poppadoms	Spicy Chilli + Red Pepper Wrap	Pasta Bolognaise Tuna Pasta Bake		Kentucky
Option 2		Chicken Arrabietta on a Bed of Tagliatelle	Macaroni + Bacon Chese Bake	Ribs, Drumsticks + Thighs	Braised Pork Steaks in Chasseur Sauce	Chicken + Chorizo in Tomato Sauce			
Option 3		Vegetable Ragout	Macaroni Cheesebake	Vegetable Tikka with Basmati Rice	Vegan Quorn Chilli Wrap	Four Cheese Ravioli			
Vegetable		Green Beans	Mixed Vegetables	Grilled Tomato Garden Peas	Broccoli + Cauliflower Mix	Ratatouille			
Potato		Sweet Paprika Roast Potatoes	Creamed Potatoes	Egg Noodles with Sweet Chilli Sauce	New Potatoes	Garlic Petit Pain			
Dessert		Chocolate Flake Fingers	Paris Brest Buns	Victoria Sponge Cake	Vanilla Ice cream with Wafers + Sprinkles	Choc Chip Cookies			
Hot and cold drinks		To Quench your thirst we offer - Chilled filtered water, Full cream and Semi-Skimmed milk, Tea, Coffee and Hot Chocolate							