

# Physical Education

AQA GCSE

## *Why study Physical Education?*

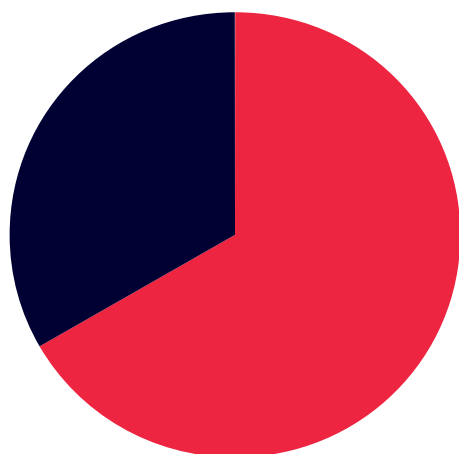
The GCSE Physical Education course will appeal to you if you:

- Have a keen interest in sport and recreation and always look forward to your PE lessons
- Take part in sport/recreation outside of class time
- Want to follow a course that develops knowledge and understanding through practical involvement
- Want to know more about the benefits of sport and exercise
- Want to improve your own performance in a range of sports roles
- Want to study a course that is active and that you will enjoy
- Are considering a sports-related career or an A Level/higher education course



## What will I learn?

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data
- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being



60% - Theory  
40% - Practical

## How will I be assessed?

### Paper 1

The human body and movement in physical activity and sport – 1 hour 15 minutes written examination – 78 marks – 30% of GCSE

Multiple choice/objective test questions, short answer questions and extended answer questions.

### Paper 2

Socio-cultural influences and well-being in physical activity and sport – 1 hour 15 minutes – 78 marks – 30% of GCSE

Multiple choice/objective test questions, short answer questions and extended answer questions.

### Non-examination assessment

Practical performance in physical activity and sport – internally assessed and externally moderated – 100 marks – 40% of GCSE

1. Practical performance in three different physical activities in the role of player/performer. One in a team activity, one in an individual activity and a third in either a team or an individual activity (each assessed out of 25 marks).
2. Analysis and evaluation of performance to bring about improvement in one activity – written or verbal (25 marks).

## What can I do after I've completed the course?

As well as being the ideal preparation for the A Level Physical Education course, the GCSE PE course develops the transferable skills and key skills that employers are looking for and can lead to a wide variety of employment opportunities. This can include further training in such areas as recreational management, sports science, physiotherapy, coaching, officiating, the fitness industry, the armed forces and the Civil Service.