

# Sport

## BTEC

### *What are the aims of the course?*

A BTEC Diploma allows students the opportunity to obtain UCAS points equivalent to two full A Levels. The student would be required to take an additional A Level. BTEC Sport is a course for students who want to progress to higher education, or aim for a career in the sports and fitness industry. The two year course provides pupils with an opportunity to learn in-depth theory behind sport development, coaching and fitness.

### *What does it involve?*

- A variety of practical, theoretical and applied sport and fitness topics studied over the two years.
- Full school timetable commitment and a hybrid study of 80% coursework and 20% examination.
- Six mandatory units of study, two chosen units and one optional unit.
- Mandatory units of study include: Anatomy and Physiology; Fitness Training and Programming for Health, Sport and Well-being; Professional Development in the Sports Industry; Sports Leadership; Investigating Business in Sport and the Active Leisure Industry; and Skill Acquisition in Sport.
- Chosen and optional units include, but are not limited to: Leisure Management; Sport Event Organisation; Rules, Regulations and Officiating in Sport; Sports Psychology; Sports Injury Management.

## *How is it assessed?*

BTEC First learners receive a grade for each individual unit (Distinction, Merit, Pass, or Unclassified). All internally assessed unit grades are subject to quality assurance. This ensures that learners get the grades they deserve and all centres assess every BTEC assignment to the highest standard.

## *Are there any specific entry requirements?*

Students with a burning desire to extend their subject knowledge in sport science and are enthused about developing sport should strongly consider the BTEC course. This course looks at the multi-faceted approach to sports preparation and performance.

## *Why is it a useful qualification?*

Ninety-five per cent of universities in the UK accept students with BTEC qualifications in relevant subject areas. This includes competitive universities such as Bath, Loughborough, Birmingham and Exeter.

The course has been developed in order to provide a solid foundation within sports science and coaching, enabling the development of essential study skills. The development of such skills will prove invaluable in assisting progress to higher education, further qualifications and/or the enhancement of employment opportunities.

