

PSHE Whole Senior School Scheme of work overview

Term	Year 7	Year 8	Year 9
Mich 1	Personal responsibilities - Ground rules/ our class. Relationships - Friendships, resolving problems and bullying.	My World - Rules, Human rights including refugees. Personal responsibility - My identity, media and body image.	My World - Rights and responsibilities of being a British citizen. Relationships - Challenging prejudice and bullying. My World - Careers
Mich 2	Personal responsibilities - Expressing feelings, revision techniques. My World/ Relationships - media influence and staying safe online including fraud.	My World - Challenging racism. Relationships - Relationships and marriage Expressing feelings and homophobia. My World - Finances and financial products including savings and credit.	Relationships - identifying changes in relationship. Personal responsibility - Sexting and sexual bullying.
Lent 1	Healthy lifestyle - Healthy diet, fitness, puberty	My World - Budgeting, Café business team challenge.	Relationships/ Healthy lifestyle - Contraception, STI's managing peer pressure.
Lent 2	Personal responsibilities/ Healthy life style - Smoking and alcohol.	Personal responsibility - Recognising risk; physical and emotional safety. Drugs and alcohol. Managing peer pressure.	Personal responsibility - Self esteem Healthy lifestyle - managing stress
Summer 1	My World - Taking risks related to age, keeping safe; in the home, around water and out and about.	Personal responsibility - positive thinking, dealing with exam stress. My World - UK Parliament and elections	Healthy lifestyle - Diet and influence of media, eating disorders, recognising poor mental health.
Summer 2	Personal responsibilities - Basic first aid and looking after our emotional wellbeing. My World - CCF introduction to armed forces.	My World - British criminal justice system	My World - Mortgages and loans, fund raising- types of credit

	Year 10	Year 11	Year 12	Year 13
Mich 1	Personal responsibility - Preparing for exams	Personal responsibility -Preparing for exams	My World - Driver safety awareness (Safe Drive Stay Alive).	Healthy lifestyle - Dealing with exam stress/preparing for exams
Mich 2	Personal responsibility - Alcohol awareness	My World/ Healthy lifestyle - Drugs and the law.	My World/ Healthy lifestyle - Drugs and the law.	My World - Managing finances My World/ Healthy lifestyle - Drugs and the law.

PSHE Whole Senior School Scheme of work overview

	Relationships- Carousel activity (Brooke)	Personal responsibility- Alcohol awareness Relationships- Carousel activity (Brooke)	Relationships- STI awareness Personal responsibility- Alcohol awareness Personal responsibility- preparing for exams	Personal responsibility- Alcohol awareness
Lent 1	My World- Understanding Tax, NI, and credit.	My World- Managing finances	My World- Mock interviews for University applications	Healthy lifestyle- Prepare basic meals
Lent 2	Healthy lifestyle- How to support a friend with their mental health (Natasha Devon).	Personal responsibility- Holiday safety	Healthy lifestyle- Social ideals, identity, and mental health (Natasha Devon). Personal responsibility- Safety on nights out including holidays.	Personal responsibility- Safety on nights out including holidays.
Summer 1	My World- rights and responsibilities in the work place (prior to work experience).		My World- UCAS/ University visits and student loans	
Summer 2	My World - Work experience			